

## Winter Enrichment Classes 2019: Description of Classes

All classes begin the week of January 7th

All classes run for 8 one-hour sessions with the exception of the Acting Workshop (ten 75 minute sessions)

M, T, W or F classes start at various times: 3:20, 3:30 or 3:35 pm

Thursday classes start at 12:50 or 1:05 pm

Please note start and end times for each class since they are all different.

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**New Acting Workshop: JUMP EVEN HIGHER! LEVEL 2** – Mondays, 3:20-4:35 p.m.

### IMPROVISATION AND SCENE-WORK FOR THE YOUNG ACTOR

Previous experience is welcome but not required, since each student will begin at his or her own level.

Grades 2-6. Minimum: 6 Limit: 16 10 Sessions: \$140 Location: Room 8

Continue the fun improvising and acting out scenes! In Level 2, young actors will learn even more acting skills as you develop dynamic characters and audition techniques that use improvisation -- or spontaneous scenes -- and theatre games as a springboard. These techniques are designed to engage your creativity, boost your self-confidence, sharpen your sensory awareness and improve your vocal abilities as you develop valuable group skills. The workshop will culminate in scripted scene-work from popular books like *The Terrible Two*, *Grimmtastic Girls*, *Big Nate*, and *The Land of Stories*, among others. An informal demonstration will be presented to parents at the end of the workshop. Jump even higher and have fun!

**Instructor:** Leslie Kilgore is a former Theatre teacher, director, and actor who has taught middle school Theatre for many years and directed over 35 plays and musicals. At Douglas she has taught 4 previous acting classes in the after-school program. Recently she wrote, directed, and acted in a multigenerational performance in Lincoln.

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**Co-ed Soccer** – Mondays – 3:35 – 4:35 p.m.

Grades: K-2 Minimum: 10 Limit: 20 8 Sessions: \$135 Location: Gym/Outside (weather permitting)

The soccer program includes SAQ (Speed, Agility, and Quickness), soccer skills and small sided games. A great way to keep fit, stay active and improve your soccer and social skills.

**Instructors:** The program is managed and run by Acton & Boxborough's Youth Soccer director of coaching Mitch Doherty (Level B coach and SAQ trainer) assisted by a full time New England Revolution Academy coach.

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**Picture Book Club with Crafts and Snacks!** – Tuesdays – 3:20 – 4:20 p.m.

Grades: K-2 Minimum: 4 Limit: 10 8 Sessions: \$70 Location: Room 8

Come enjoy an engaging children's book each week - students will complete an art activity related to the book, as well as enjoy a theme based snack. Movement breaks and music included!

**Instructor:** Anne Marie Savello is a special education teacher at Douglas in the COOP. Her favorite children's book is *The Giving Tree*.

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**Knitting** – Wednesdays – 3:30 - 4:30 pm

Grades: 2-6 Minimum: 4 Limit: 14 8 Sessions: \$70 Materials Fee: \$5 NEW students only (payable to instructor) Location: Room 12

Let's go wacky with wool and other yarns. Join us for your first knitting lesson or practice skills from previous classes and pick out a project for yourself or some other family member (knit for your pet, big or small, live or stuffed or your American Girl Doll). In order to finish a project in eight weeks, you will have to work between classes. We recommend 20 minutes a day. Yarn will be provided. Please let us know if you are allergic to wool so we can find a substitute. Bring size 8 needles to the class if this is your first time. If you have a project on the needles, please bring that along.

**Instructors:** Janet Hampson is the former owner of the Woolpack knitting store in Acton and may be joined by Douglas assistant Anne Heinlein, both of whom have been knitting for many years.

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## Winter Enrichment Classes 2019: Description of Classes (continued)

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**Chess** – Thursdays – 12:50 – 1:50 p.m.

***REMINDER to send a LUNCH with your child!***

Grades: 1-6    Minimum: 12    Limit: 18    8 Sessions: \$100

Location: Art Room

Learn the basics or advance your knowledge with a National Chess Master. In this class you will learn how to move pieces, simple checkmates, opening strategies, how tournaments work and much more, with an emphasis on playing chess with an opponent. This class is for **ALL** abilities. Boards and sets are provided.

**Instructor:** Lou Mercuri is a chess instructor in many schools and community education programs. In 1990, he won over World Champion Karpov and holds a 2006 International Chess Trainer title. His students have won State and National Championships. Lou has directed the All Star Chess Training School in Newton.

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**Co-ed Soccer** – Thursdays– 1:05 – 2:05 p.m.

***REMINDER to send a LUNCH with your child!***

Grades: 3-6    Minimum: 10    Limit: 20    8 Sessions: \$135

Location: Gym/Outside (weather permitting)

The soccer program includes SAQ (Speed, Agility and Quickness), soccer skills and small sided games. A great way to keep fit, stay active and improve your soccer and social skills.

**Instructors:** The program is managed and run by Acton & Boxborough's Youth Soccer director of coaching Mitch Doherty (Level B coach and SAQ trainer) assisted by a full time New England Revolution Academy coach.

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**Tennis** – Fridays – 3:35 - 4:35 pm

Grades: K-4    Minimum: 4    Limit: 20    8 Sessions: \$150

Location: Gym

Whether you are a beginner, just learning the game of tennis, or would like to improve your game, we have the personnel and the patience to work with you. All of our instructors teach using similar methodology emphasizing correct technique that has proven successful at all levels of the game. We are constantly striving to provide the highest standards of instruction and service to our students. All materials are provided and there is no need to bring a racquet.

**Instructors:** The Marcus Lewis Day Camp and Tennis Center Instructors.

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